



*Integration in Manner of Use*

## **Charter of the Alexandrian Society for Breath as Postural Process™ (BPP)**

**Principal Address:** 2961 Appling Circle, Chamblee, GA 30341

### **Purpose:**

The society exists 1) to certify Teachers, Trainers, and Diplomates of BPP according to specified criteria and 2) to promulgate and promote BPP as a logical and practical realization of F.M. Alexander's teachings in respiratory re-education.

### **Membership:**

- **Eligibility:** Open to certified Teachers, Trainers, and Diplomates of BPP.
- **Admission:** Automatic upon certification, with opt-out option via notification.
- **Rights:**
  - Listing on the Members page of [www.sfbpp.org](http://www.sfbpp.org).
  - Participation in activities.
  - Discretion to charge for certification services.
- **Termination:** By resignation or decision of the Council of Diplomates (CoD).

### **Governance:**

The administration of the society is managed solely by the CoD, consisting of all certified Diplomates, through consultation and decision by consensus-minus-one. The CoD may organize itself as needed to meet administrative, training, and outreach requirements for the Society.

### **Finances:**

The CoD may periodically assess members for necessary expenses (e.g., website), non-payment of assessment without permission from CoD to be grounds for termination of membership.

### **Amendments:**

This Charter may be amended by the CoD.

### **Dissolution:**

The Society may be dissolved by the CoD.

### **Certification Levels and Criteria:**

#### **1. Teacher:**

- Completion of six contact hours of training and instruction.
- Satisfactory command of prerequisite materials:
  - *Chapter 7 of The Posturality of the Person* by Ron Dennis
  - *The Theory and Practice of a New Method of Respiratory Re-Education (1907)* by F.M. Alexander
  - *"The Theory and Practice of Alexander's Breathing Method" (2019)* by Ron Dennis
  - *"Alexandrians in Full: Reclaiming an Essential Dimension of Use (2025)* by Ron Dennis and others
  - *"Back to Beginnings in the Technique: The Evolution of BPP"* by Ron Dennis
  - *"The Ins and Outs of It: Whispered Ah in BPP"* by Ron Dennis
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#### **2. Trainer:**

- Completion of 3-6 contact hours of training and instruction.
- Satisfactory knowledge of BPP Trainer's study materials.
- A qualifying essay titled "Learning, Using, and Teaching BPP."
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#### **3. Diplomate:**

- Certified by the CoD upon application and fulfillment of requirements below.
- Must be a certified Trainer having certified at least three Teacher(s) during the period two years after certification as a Trainer.
- Submitting a qualifying essay titled "Observations on Certifying BPP Teachers."